

Higher Diploma in Nutrition and Food Management

營養及食品管理高級文憑

Programme Code
課程編號

HP 83-109 Foundation Programme 基礎課程
HP 83-209 Year 1 一年級



We are what we eat! Public awareness of the importance of nutrition and health is increasing. People are now concerned about the quality of their diets and are looking for the “right” foods. With the awareness of the need for quality, nutritious and healthy food products, the demand for graduates who are specialised in nutrition, food and catering has increased.

優質生活和健康飲食習慣息息相關。近年社會人士對飲食的要求不僅是「一日三餐」，他們還講求健康的飲食從而達致健康的體格。食物中的成份既要注重營養，亦要符合食品安全標準，避免「病從口入」。因此對優質、安全、營養豐富及健康的食品需求不斷增加。鑑於社會對營養及食品學人才需求甚殷，本課程為學生提供營養學、食品科學及飲食服務行業的專門知識訓練，為將來投身社會作好準備。



Programme Aims and Features

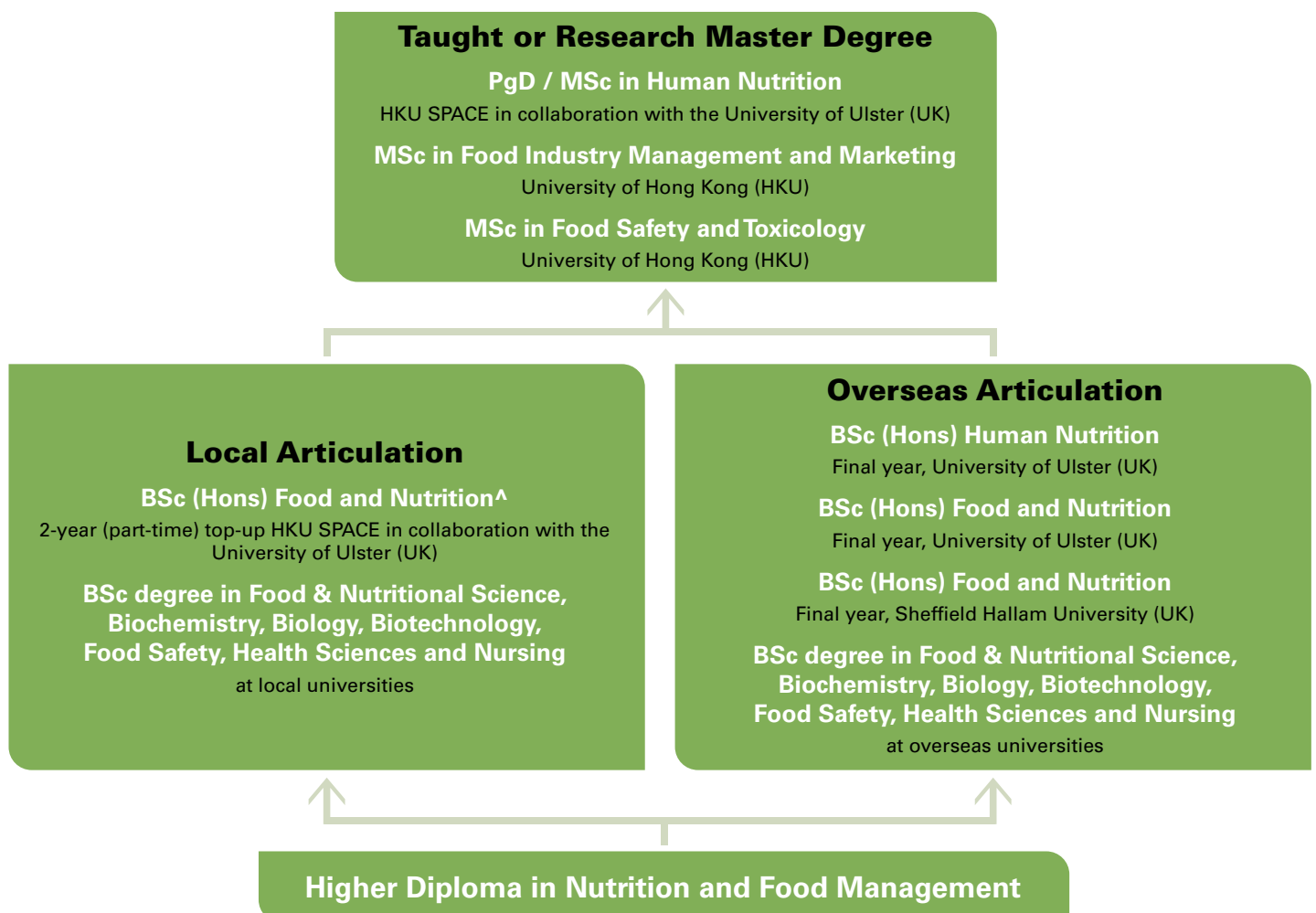
課程目標及特點

This programme is designed for students who are interested in pursuing careers in nutrition, food and catering industries. It provides students with knowledge of a broad range of scientific disciplines with a special focus on food and nutrition, and their applications to human health. The nutritional requirements of individuals at various life stages, the science and technology of food and food safety management will be covered. Students will also develop basic cooking skills so that they may apply the knowledge of nutrition into food preparation. Some specialism courses and laboratory classes in this programme will be taught by academic staff from the Faculty of Science of The University of Hong Kong (HKU). Graduates of this programme could join the food and nutrition industries or pursue further studies in related fields.

本課程是為所有對營養學、食品科學及飲食服務行業有興趣的人士而設。課程涵蓋營養學的基礎知識，讓同學接觸到多方面有關食品與營養的學問以及其應用。這包括不同生命週期對營養的需要、食品科學與科技、食品安全管理等。同學更可透過學習基本烹調技巧，實踐所學的知識。而本課程部份專門科目及實驗課由香港大學理學院教授任教，同學可藉此體驗大學的學習模式。本課程畢業生將擁有足夠的能力應付食物與營養相關的工作或升讀相關學士學位課程。

Opportunities for Further Studies

升學前景



[^] This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. It is a matter of discretion for individual employers to recognise any qualification to which this course may lead.

Career Prospects

就業前景

Graduates will have a range of career opportunities in the food, nutrition and catering industries such as food manufacturing, food trading, hotels, restaurants, airline caterers or institutional food service companies, school meal caterers, health and nutrition-related commercial companies, elderly homes, sport and health institutions and hospitals.

畢業生可從事有關食品、營養及飲食行業的工作，包括食品製造、食品貿易、酒店、餐廳、航空公司餐飲服務或機構膳食公司、學校膳食供應商、保健營養及體育運動相關的機構、老人院及醫院等。



Programme Structure

課程結構

Foundation Programme 基礎課程*

- General English I & II 英文(一)及(二)
- Foundations of Chinese Language 基礎中國語文
- Mathematics and Statistics for Daily Life Applications 實用統計數學
- Computer Studies 計算機學
- The Process of Design 設計過程
- Popular Culture: Identities and Institutions 普及文化：身份與體制
- Ethics and Society 倫理與社會
- Foundations of Biology 基礎生物學
- Foundations of Chemistry 基礎化學
- Multiple Intelligences and Competencies 多元智能與才能

Higher Diploma Year 1 高級文憑一年級

- General English III 英文(三)
- English for Academic and Professional Purposes Part I 學術及專業英語(一)
- Putonghua 普通話
- Introduction to Multimedia / Introduction to Information Technology 多媒體學導論 / 資訊科技導論
- Human Physiology 人類生理學
- Introduction to Food and Nutrition 食品與營養入門
- Basic Chemistry for Biological Sciences 生物科基礎化學
- The Science and Technology of Food 食品科學與科技
- Food Marketing 食品市場學
- Fundamentals in Biology 生物學基本原則
- Food Service Practice 飲食服務實踐

Higher Diploma Year 2 高級文憑二年級

- English for Academic and Professional Purposes Part II 學術及專業英語(二)
- Business Communication in English 商業英語
- Practical Chinese 實用中文
- Intra- and Interpersonal Competencies 內省及人際才能
- Dietary Assessment of Food Habits 飲食習慣評估學
- Lifecycle Nutrition 生命期營養學
- Food Safety and Management 食品安全及管理
- Nutrition and Metabolism 營養及代謝學**
- Food Chemistry 食物化學**
- Introduction to Biochemistry 生物化學入門**
- Project Work 項目作業

* The choice of the Generic Skills and General Education courses in the Foundation Programme may be replaced by another course under the same category depending on availability in a particular semester. 基礎課程所提供之通用技能及通識教育科目不限於上表，書院將視乎情況編排其他相同範疇學科。

** Courses will be taught by academic staff from the Faculty of Science of The University of Hong Kong (HKU). 課程由香港大學理學院教授任教。

Students' Sharing

學生分享



Ken Kong 鄺健華

2011

Two degree offers received, including:

- Bachelor of Nursing, The University of Hong Kong
 - BSc (Hons) in Food Safety and Technology, The Hong Kong Polytechnic University
- 獲兩個大學學位取錄，包括：
- 香港大學護理學學士
 - 香港理工大學食品科技與食物安全(榮譽)理學士

"This programme covers fundamental knowledge in food and nutritional science, biochemistry, chemistry, marketing, and food safety. Besides, the programme curriculum also covers generic skills that improve my language proficiency and strengthen analytical capabilities. I was able to develop a solid foundation in food and nutritional science with essential skills for further studies."



Cathy Kam 甘珈齊

2010-11

Year 1, Higher Diploma in Nutrition and Food Management

2011

Advanced to Bachelor of Science, The University of Hong Kong
升讀香港大學理學士

"Unarguably working hard is the key leading to good academic results; nevertheless, at HPCC, I come to realise that the professional lecturers and quality lectures, all play a crucial role to make my dream of studying at the university come true. The lecturers are enthusiastic in teaching; they are patient and keen to students when explaining the abstract principles in great details, not to mention their lectures are both challenging and interesting as well."



Herman Chung 鍾顯民

2010

Advanced to Bachelor of Science, The University of Hong Kong
升讀香港大學理學士



Cherry Cheung 張紫琳

2010

Advanced to the final year (full-time), BSc (Hons) Human Nutrition offered by University of Ulster (UK)

升讀英國University of Ulster全日制BSc (Hons) Human Nutrition的最後學年課程



Jancy Chung 鍾靜兒

2010

Advanced to the final year (full time), BSc (Hons) Food and Nutrition offered by Sheffield Hallam University (UK)

升讀英國Sheffield Hallam University全日制BSc (Hons) Food and Nutrition的最後學年課程



Mango Lam 林敏麗

2010

Advanced to BSc (Hons) Food and Nutrition, a 2-year part-time top-up programme offered locally by HKU SPACE in collaboration with the University of Ulster (UK)

升讀食物及營養學榮譽理學士，香港大學專業進修學院與英國University of Ulster合辦之兩年兼讀制銜接學士學位課程

Entry Requirements

入學資格

3-year Programme (Entry to Foundation Programme)

- 3 passes in the HKCEE* PLUS Level 2 / Grade E or above in Chinese Language and English Language, and have taken Biology and Chemistry in HKCEE, or equivalent; or
- Completed Project Yi Jin with satisfactory results, and have taken Biology and Chemistry in HKCEE.

* Students who have successfully completed a quality-assured Applied Learning Course will be recognised as comparable to a HKCEE subject pass (up to a maximum of 2 subjects), other than Chinese Language and English Language.

三年制課程（入讀基礎課程）

- 香港中學會考三科*合格，以及中國語文及英國語文考獲第二級 / E 級或以上成績，並曾修讀香港中學會考生物科及化學科，或同等學歷；或
- 完成毅進課程，獲滿意成績，並曾修讀香港中學會考生物科及化學科。

* 學生如修畢一科通過質素保證程序的應用學習課程，將等同一科香港中學會考科目合格(不包括中國語文科及英國語文科)。最多可計算兩科。

2-year Higher Diploma Programme (Direct Entry to Year 1)

- Pass in 1 AL or 2 AS-level subjects in HKALE, and have taken AL or AS-level Biology and Chemistry, and 3 passes in the HKCEE PLUS Level 2 / Grade E or above in Chinese Language and English Language, or equivalent; or
- A recognised Pre-Associate Degree / Foundation Programme qualification, and have taken Biology and Chemistry in HKCEE; or
- A recognised post-secondary certificate or diploma, and have taken Biology and Chemistry in HKCEE.

兩年制高級文憑課程（直接入讀一年級）

- 香港高級程度會考一科高級程度科目或兩科高級補充程度科目合格，並曾修讀高級程度會考或高級補充程度會考生物科及化學科，及香港中學會考三科合格，以及中國語文及英國語文達第二級 / E 級或以上成績，或同等學歷；或
- 完成認可副學士先修課程、基礎課程，並曾修讀香港中學會考生物及化學科目；或
- 持有認可大專證書或文憑，並曾修讀香港中學會考生物及化學科目。

Applicants who do not possess the above academic qualifications but are aged 21 or above and have relevant working experience will be considered by the College.

申請人如未能符合最低入學資格，但年滿二十一歲並具相關工作經驗，亦可申請報讀。

Secondary 5 中五

Secondary 7 中七

Other 其他

Tuition Fee

學費

The tuition fee for the academic year 2011 – 2012 is as follows:

2011至2012年度的學費如下：

Foundation Programme 基礎課程	港幣HK\$42,800
Higher Diploma Year 1 高級文憑一年級	港幣HK\$49,800
Higher Diploma Year 2 高級文憑二年級	港幣HK\$49,800

All fees will be paid by installments and are subject to annual revision.

學費每年將分期繳交，書院每年會因應情況調整學費。

Financial Assistance

學生資助

Government's Grants and Loans:

- Financial Assistance Scheme for Post-secondary Students (FASP)
- Non-means Tested Loan Scheme for Post-secondary Students (NLSPS)
- Continuing Education Fund (CEF)

政府資助：

- 專上學生資助計劃
- 專上學生免入息審查貸款計劃
- 持續進修基金

Scholarships

獎學金

Scholarships for 2011 HKALE or HKCEE Candidates

新生入學獎學金

The College has set aside HK\$3 million for scholarships for newly-admitted students with outstanding results in the 2011 HKALE or HKCEE. Awardees may receive a maximum of a full scholarship in the intake year.

港大保良社區書院設立300萬元獎學金，給予在應屆香港中學會考或香港高級程度會考中考獲優良成績的新生。成功被甄選的同學最高可豁免首年學費。

Other Scholarships and Bursaries

其他獎學金及助學金

With the generosity of the Directors of Po Leung Kuk et al, numerous scholarships and bursaries are established as an encouragement to students who have excelled in their studies or made significant contributions in serving fellow students or the community.

為鼓勵同學爭取更佳成績，並積極貢獻社區、服務同學，書院設立多項獎學金及助學金，蒙各界人士或公司慷慨捐贈，包括：保良局董事會成員、社會賢達，以及其他團體。

港大保良社區書院 HKU SPACE Po Leung Kuk Community College

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