



## Higher Diploma in Nutrition and Food Management

Application code : HDNFMT

Awarding Body: HKU SPACE Po Leung Kuk Stanley Ho Community College



QF Level: 4  
 QR Registration No.: 23/000666/L4  
 Validity Period: 01/09/2024 – 31/08/2027  
 Commencement Date: 09/2024

### Programme Aims & Features

- ✓ Provides students an in-depth knowledge of basic sciences such as biology, chemistry, biochemistry and physiology, so as to enable them to pursue degree studies in a relevant field at both local and overseas universities;
- ✓ This programme aids students in acquiring transferable skills, such as laboratory techniques, data analysis, information technology, interpersonal, and teamwork abilities, preparing them for future study or employment in the field of food science and nutrition;
- ✓ Lecturers are dedicated and experienced, and some specialism courses are taught by practicing dietitians, nutritionists and professionals in the food and nutrition industry;
- ✓ The curriculum emphasises both the fundamental scientific knowledge of the theory and practice, as well as offers hands-on practicals in a well-equipped food and nutrition laboratory;
- ✓ Each student will carry out a food and nutrition related research project in the final year;
- ✓ Learning experiences outside the classroom includes practicum and site visits to local or overseas institutions, nutrition facilities and food companies;
- ✓ Graduates may continue their studies at degree level or enter the food or nutrition industries, pursue careers such as nutrition assistants, patient care assistants, food quality officers, or work in the areas of health promotion and food safety management.

### Opportunities for Further Studies

The list below shows the degree programmes that our graduates may apply for further studies:

<b>The University of Hong Kong</b> Bachelor of Nursing Bachelor of Science BSc (Major in Food and Nutritional Science) BSc Information Management	<b>Hong Kong University of Science and Technology</b> BSc Biotechnology
<b>The Chinese University of Hong Kong</b> Bachelor of Nursing Bachelor of Science BSc Biochemistry BSc Community Health Practice BSc Exercise Science and Health Education BSc Natural Science BSc Public Health	<b>City University of Hong Kong</b> BEng Bioengineering BSc Biological Sciences BSc Applied Physics BSc Biomedical Sciences BSc Chemistry BSc Environmental Science and Management
<b>The Hong Kong Polytechnic University</b> BA (Hons) Applied Ageing Studies and Service Management BSc (Hons) Applied Biology with Biotechnology BSc (Hons) Analytical Sciences for Testing and Certification BSc (Hons) Food Safety and Technology	<b>Hong Kong Baptist University</b> BSc (Hons) Applied Biology – Biotechnology Concentration BSc (Hons) Chemistry

Remarks:

1. The above list is not exhaustive and only shows some of the examples.
2. This programme was formerly known as Higher Diploma in Nutrition and Food Management (Theme: Food and Nutritional Sciences), and has been replaced by **Higher Diploma in Nutrition and Food Management** with effect from the 2024-25 academic year.

## 營養及食品管理 高級文憑

報名編號: HDNFMT

學歷頒發機構: 香港大學專業進修學院  
保良局何鴻燊社區書院



資歷架構級別: 4  
資歷名冊登記號碼: 23/000666/L4  
登記有效期: 01/09/2024 – 31/08/2027  
開課日期: 09/2024

### 課程目標及特點

- ✓ 涵蓋基礎理科目如生物學、化學、生物化學及生理學等，讓同學更全面學習食物及營養學，為日後升讀本地及海外大學相關學士學位課程作好準備；
- ✓ 課程幫助學生獲得可轉移技能，如實驗室技術、數據分析、資訊科技、人際交往和團隊合作能力，為他們未來在食品科學和營養領域的學習或就業打穩基礎；
- ✓ 專業的講師具豐富教學經驗，部份專修科目由資深學者、註冊營養師及食物行業的專業人士任教；
- ✓ 課程理論與實踐並重，除了教授有關專業知識，更提供設備完善的食物及營養學實驗室，讓同學實踐書本所學；
- ✓ 每位同學於最後學年均會進行一項食物及營養學相關的研究項目；
- ✓ 安排學生到一些相關的機構進行課外實習，或參觀本地或海外營養及食品機構，使學生了解行業工作情況；
- ✓ 畢業生可繼續升讀學士學位課程或從事有關食品及營養行業的工作，包括營養助理、病人服務助理、食品品質管理、健康推廣及食物安全管理。

### 升學前景

以下為本課程畢業生可申請的學位課程：

#### 香港大學

護理學學士  
理學士  
理學士（主修食品及營養科學）  
理學士（資訊管理）

#### 香港科技大學

理學士 - 生物科技

#### 香港中文大學

護理學士  
理學士  
生物化學理學士  
社區健康理學士  
理學士（運動科學與健康教育）  
自然科學理學士  
公共衛生理學士

#### 香港城市大學

工學士（生物工程）  
理學士（生物科學）  
理學士（應用物理學）  
理學士（生物醫學）  
理學士（化學）  
理學士（環境科學與管理）

#### 香港理工大學

應用老年學及服務管理（榮譽）文學士  
檢測及認證分析科學（榮譽）理學士  
食品科技與食物安全（榮譽）理學士  
應用生物兼生物科技（榮譽）理學士

#### 香港浸會大學

應用生物學理學士（榮譽）- 生物技術專修  
化學理學士（榮譽）

註：

1. 以上列表只提供部分升學例子以作參考。
2. 本課程前身為營養及食品管理高級文憑（食物及營養科學），並於2024-25學年起以新課程**營養及食品管理高級文憑**取代。