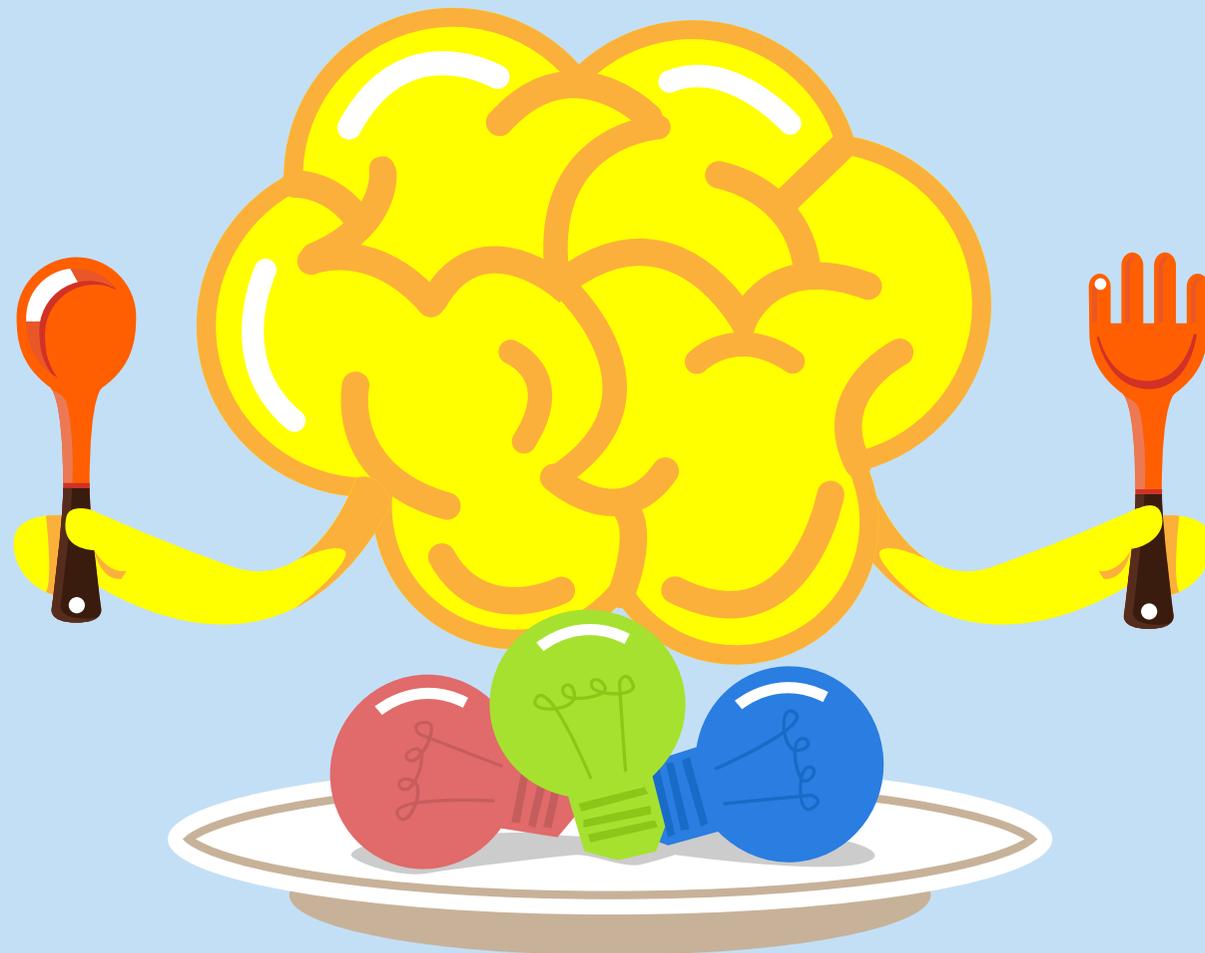




WAYS TO IMPROVE COLLEGE ADAPTABILITY



YOU WOULD PERCEIVE...



You have certain
amount of
Intelligence & you
can't really do much
to change

Or

No matter who you
are, you can change
your Intelligence a
lot

GROWTH MINDSET

HIGHLY FACILITATE YOUR COLLEGE ADAPTABILITY



Failure is confirmation of my inability

My Abilities are unchangeable

I have certain amount of intelligence, I can't change my Intelligence

Perceive Feedback as Criticism

FIXED MINDSET



Failure is Opportunity to Grow

My Abilities are determined by my Effort & Attitude

No matter who I am, I can change my Intelligence a lot

Perceive Feedback as Suggestion

GROWTH MINDSET



**CHALLENGE YOUR LIMITED,
EMBRACE YOUR FAILURE IN
HPSHCC**



Enquiries:
sdrc@hkuspace-plk.hku.hk
3923 7080
Instagram: @hpshccsdrc

CHALLENGE YOUR LIMITED, EMRACE YOUR FAILURE IN HPSHCC




YOUNG ENTREPRENEUR

\$100,000 Business Fund

Start your own business in HPSHCC

- Learn From The Best**
proposal writing, pitching workshops
- Business Plan Competition**
\$100,000 business fund for winning team!
- Study Your Market**
refine business idea
- Run Your Business**
and of course make profit!
- Certificate & Valuable Experiences**

APPLICATION: FORM YOUR TEAM OF 5-7

DEADLINE: 26 SEP 2022

SCHEDULE

3 Oct-22	Introduction Seminar
10 Oct-22	Business Plan Proposal Workshop
31 Oct-22	Business Plan Submission
7 Nov-22	Pitching Workshop
21 Nov-22	Business Plan Competition
9 Jan-23	Marketing Workshop
TBC	Stall / Bazaar / Exhibition

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2nd Round Recruit!

COLLEGE WELL-BEING FACILITATOR

College Student Facilitation Scheme 2022-23

TARGETS
All students (priority given to DFS, Yr1 student) interested in promoting Mental Health in College

Objectives

- To foster a caring atmosphere
- To promote psychological well-being and help-seeking initiatives

Requirement

- Attend required training and activities
- Provide emotional support to peers
- Coordinate student-initiated mental health campaign

Tentative Schedule

28 Sept Night	Selection Interview
6 Oct 18:00-19:00	Briefing Session
Oct	Mental Health First Aid Standard Course
Oct-Jan	Other Training and Activities on Well-being
Jan	Evaluation
Feb	Regular Meeting for Mental Health Campaign
Mar	Student-Initiated Mental Health Campaign

Benefits

- Certificate and Reference Letters
- Free-of-charge Mental Health First Aid Standard Course

Apply by 21 Sept 2022
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