Higher Diploma in Sport and Recreation Management
體育及康樂管理高級文憑

Higher Diploma in Sport Coaching and Sport Performance
運動教練學及運動表現高級文憑

2+2 Study Articulation
在港升學途徑

SSSDP
獲政府資助學費
Government Subsidy

2020-21
The sport and recreation sector has had a growing impact on the global economy with significant investments in public infrastructure, mobilising resources and creating new professions and jobs. It is expected that the demand for sport and recreational services in Hong Kong and the Pearl River Delta will continue to increase, and that opportunities to work in this industry will further expand. In addition, the upcoming sport events in Asia, such as 2022 Summer Olympics in Tokyo and 2022 Winter Olympics in Beijing, will keep stimulating greater interest and participation in sport and exercise among the community, and enhance Hong Kong’s image as a sport and culture hub of Asia.

Programme Structure

Programme Aims and Features

- Equips students with the knowledge and practical skills needed to design, implement and supervise sport and recreation programmes, events and services for individuals and groups;
- Emphasises developing competencies central to the sport and recreation manager with a special focus upon Sport Event Management, Sport and Recreation Facility Management, Customer Relation and Human Resources Management in Sport Organisation, Sport Recreation and Technology, Sport and Recreation Marketing, and Outdoor Adventure and Recreation Programming;
- Compulsory module in the summer for students to apply theory and knowledge in a practical context, in order to develop the individual and professional competencies needed when working in the recreation and sport industry;
- Students have the opportunities to participate in major local sport and recreation events as volunteers in preparation for future careers.

- Encompasses understanding the importance of sport and recreation management, the need for efficient and effective management to achieve organisational goals, and the ability to anticipate and respond to changing trends and opportunities.
- Provides knowledge of the legal, regulatory, and ethical issues that affect sport and recreation management.
- Allows students to develop skills in communication, leadership, decision-making, and project management.
- Offers opportunities for students to gain practical experience through internships, fieldwork, and community service projects.
- Prepares students for employment in a variety of sport and recreation management positions, including sport and recreation managers, supervisors, and directors.

Higher Diploma Year 1

- Introduction to Academic English
- English for Academic Purposes I
- Practical Chinese 1
- Sport and Recreation Industry in Hong Kong
- Principles of Management
- Entrepreneurial and Financial Strategies in Sport and Recreation
- Facility Design and Operations Management
- Sport, Recreation and Technology
- Professional Practice

Higher Diploma Year 2

- English for Academic Purposes II
- English for Sport Management and Sport Coaching
- Mathematics and Statistics for Daily Life Applications
- Information Technology Fundamentals
- Human Resource Management in Sport and Recreation
- Outdoor Adventure Recreation
- Customer Relationship and Management Skills in Sport and Recreation
- Special Event, eSport and Entertainment Management
- Sport and Recreation Management and Sport Coaching Project
- Additional courses may be assigned based on the student's performance and needs.

Non-Chinese speaking students who have not received sufficient training in the Chinese language may apply for exemption from the Chinese course(s), and alternative courses may be assigned.

如學生母語非華語，或未達校方認可的中文水準，可申請免修中文科目，校方會指示其他科目代替。
**Progression Paths**

**升學之路**

**Local Universities 本地大學**

Graduates are eligible to apply for admission to Bachelor’s degree programmes in Sport and Recreation Management or other related disciplines offered by local universities (including HKU). The list below shows the UGC-funded degree offers that our graduates / students received in the past:*

- **The University of Hong Kong**
  - Bachelor of Engineering
  - BBA Accounting and Finance
  - BSc Information Management

- **The Chinese University of Hong Kong**
  - BSc Exercise Science and Health Education
  - BSc Community Health Practice
  - BSSc Gender Studies

- **The Hong Kong Polytechnic University**
  - BA (Hons) Applied Ageing Studies and Service Management

- **The Education University of Hong Kong**
  - BEd (Hons) Physical Education

- **Hong Kong Baptist University**
  - BA (Hons) Physical Education and Recreation Management
  - BBA (Hons) Entrepreneurship Concentration

- **City University of Hong Kong**
  - BSSc Asian and International Studies
  - BSSc Criminology and Sociology

*The above list is not exhaustive and only shows some of the examples. 以上列表只提供部分升學例子以作參考.*

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**Study Articulation in Hong Kong**

**HPSHCC (2 years) + University of Northumbria at Newcastle (18 months)**

Starting from September 2017, new students of this HD programme will be given a conditional offer by the University of Northumbria at Newcastle, UK, to study another 18 months in Hong Kong to finish the BSc (Hons) Sport Management.²

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**Career Prospects 就業前景**

Graduates may be considered for junior management and supervisory positions in sport and recreation organisations in both public and private sectors, such as community centres, private and residential clubhouses, fitness centres, theme and leisure parks, schools, Leisure and Cultural Services Department, and National Sports Associations.

畢業生可申請於私營機構、政府及非政府機構擔任體育及康樂相關的初級主管職位，包括社區中心、會所、健身中心、主題公園、學校、康樂及文化事務署、體育總會等。

² Students are required to fulfill the graduation requirements of the Higher Diploma programme and have a successful admission interview for the degree study.

學生須符合高級文憑課程的畢業要求，及成功通過學位課程的升學面試。

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**Professional Practice 實習計劃**

This is a compulsory module offered in the summer during which students undertake work experience and apply their acquired theory and knowledge into a practical context to develop the individual and professional competencies needed when working in the recreation and sport industry.

本課程設暑期實習單元，讓學生有機會於體育康樂及運動機構實習，將課堂上學到的知識應用在工作上，從而掌握當中技術，並建立工作專業能力，為未來投身社會作好準備。

* The programme is accredited by the Hong Kong Council for Accreditation of Academic and Vocational Qualifications at QF Level 5 (QF registration no.: 15/002495/L5) for a period from 1 September 2015 to 31 August 2022. This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. It is a matter of discretion for individual employers to recognise any qualification to which this course may lead.

該課程獲香港學術及職業資歷評審局認可為資歷架構第五級（註冊編號：15/002495/L5），並於2015年9月1日至2022年8月31日生效。根據《非本地高級及專業教育（規管）條例》，本課程屬獲豁免課程，個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。
Higher Diploma in
Sport Coaching and Sport Performance

Programme Aims and Features

- Introduces students to sport coaching issues including the role of the coach, coaching science and performance, and management knowledge in recreation and sport activities;
- Emphasises developing competencies central to the coach, and sport and recreation manager with a special focus upon Sport Coaching, Coaching Science Assessment, Sport Performance, Sport and Recreation Facility Management, Sport Performance Programming, Outdoor Adventure and Recreation Programming;
- Compulsory module in the summer for students to apply theory and knowledge in a practical context, in order to develop the individual and professional competencies needed as a coach when working in the recreation and sport industry;
- Students have the opportunity to participate in major local sport and recreation events as volunteers in preparation for future careers.

Programme Structure

Higher Diploma Year 1

- Introduction to Academic English
- English for Academic Purposes I
- Practical Chinese
- Sport and Recreation Industry in Hong Kong
- Practical Sport Skill Training
- Introduction to Sport Coaching and Performance
- Programme Management in Sport, eSports and Recreation
- Introduction to Coaching Science
- Facility Design and Operations Management
- Professional Practice

Higher Diploma Year 2

- English for Academic Purposes II
- English for Sport Management and Sport Coaching
- Mathematics and Statistics for Daily Life Applications
- Information Technology Fundamentals
- Principles of Management
- Outdoor Adventure Recreation
- School Sport and Coaching
- Coaching Science Assessment
- Sport and Recreation Management and Sport Coaching Project

Notes:
- Non-Chinese speaking students or students who have not received sufficient training in the Chinese language may apply for exemption from the Chinese course(s), and alternative courses may be assigned.
Progression Paths
升學之路

Local Universities
本地大學

Graduates are eligible to apply for admission to Bachelor’s degree programmes in Sport Coaching or other related disciplines offered by local universities (including HKU). The list below shows the UGC-funded degree offers that our graduates / students received in the past:

* The University of Hong Kong
  Bachelor of Social Work
  BSc Information Management

* The Chinese University of Hong Kong
  BSc Exercise Science and Health Education

* City University of Hong Kong
  BScSoc Criminology and Sociology

Overall articulation rate in 2019: **72%**
2019年總升學率：
among those who chose further studies, **70%** admitted to local degree programmes
當中升讀本地學士學位課程比率

畢業生可升讀本地大學（包括香港大學）開辦的體育教練或相關的學士學位課程。以下為本課程畢業生/學生曾獲取錄的八大教資會資助學位課程：

* The above list is not exhaustive and only shows some of the examples. 以上列表只提供部分升學例子以作參考。

Study Articulation in Hong Kong
在港升學途徑

HPHCC (2 years)
港大保良何鴻燊社區書院(兩年)

University of Northumbria at Newcastle (18 months)
紐卡素亞森比亞大學(十八個月)

Starting from September 2017, new students of this HD programme will be given a conditional offer by the University of Northumbria at Newcastle, UK, to study another 18 months in Hong Kong to finish the BSc (Hons) Sport Coaching.
由2017年9月起，新入讀此課程的學生可獲英國紐卡素亞森比亞大學有條件取錄，在港修讀為期十八個月的BSc (Hons) Sport Coaching課程。

Career Prospects
就業前景

Graduates may be considered for coaching and supervisory positions with organisations such as Leisure and Cultural Services Department (LCSD), National Sports Associations (NSAs), fitness centres and community based sport and recreation organisations.

畢業生可申請於康樂及文化事務署、體育總會、健身中心及社區康樂相關的機構擔任敎練及初級主管職位。

Professional Practice
實習計劃

This is a compulsory module offered in the summer during which students undertake work experience and apply their acquired theory and knowledge into a practical context to develop the individual and professional competencies needed when working in the recreation and sport industry.

本課程設暑期必修單元，讓學生有機會於體育康樂及運動機構實習，將課堂上學到的知識應用在工作上，從而掌握其中技巧，並建立工作專業能力，為未來投身社會作好準備。

Students are required to fulfill the graduation requirements of the Higher Diploma programme and have a successful admission interview for the degree study.

學生須符合高級文憑課程的畢業要求，及成功通過學位課程的升學面試。

* Students are required to fulfill the graduation requirements of the Higher Diploma programme and have a successful admission interview for the degree study.

The programme is accredited by the Hong Kong Council for Accreditation of Academic and Vocational Qualifications at QF Level 5 (QF registration no.: 18/000760L/S) for a period from 1 September 2018 to 31 August 2022. This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. It is a matter of discretion for individual employers to recognise any qualification to which this course may lead.

* 該課程獲香港學術及職業資歷評審局認可為資歷架構第五級（註冊編號：18/000760L/S），並於2018年9月1日至2022年8月31日生效。根據《非本地高等教育及專業教育（規管）條例》，本課程獲豁免認可，個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

* 該課程獲香港學術及職業資歷評審局認可為資歷架構第五級（註冊編號：18/000760L/S），並於2018年9月1日至2022年8月31日生效。根據《非本地高等教育及專業教育（規管）條例》，本課程獲豁免認可，個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

The programme is accredited by the Hong Kong Council for Accreditation of Academic and Vocational Qualifications at QF Level 5 (QF registration no.: 18/000760L/S) for a period from 1 September 2018 to 31 August 2022. This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. It is a matter of discretion for individual employers to recognise any qualification to which this course may lead.
Progression of Graduates

James Ng 伍俊傑
Admitted to Bachelor of Arts (Hons) in Physical Education & Recreation Management, Hong Kong Baptist University (Senior year entry)
升讀香港浸會大學體育及康樂管理文學士(榮譽)(高年級入學)

Other degree offer received:
• Bachelor of Science Education (Honours) (Sports Science), The Education University of Hong Kong (Senior year entry)

其他獲取錄的學位課程:
• 香港教育大學體育教育榮譽學士(運動科學)(高年級入學)

「很多學弟妹因為專業實際不符合自己期望的去向，而放棄將來發展時間和重新訂立自己的目標。」

Ivan Yu 余君偉
Admitted to Bachelor of Health Education (Hons) Programme, The Education University of Hong Kong (2-year programme)
升讀香港教育大學健康教育榮譽學士(兩年制課程)

「在書院這兩年，我學到了很多學校沒有教的知識，像如何與人溝通、如何處理事物的壓力和如何處理自己的情緒。我認為書院是一個很好的平台，讓我們可以自由發展。」

Edwin Wong 王幼宇
Admitted to Bachelor of Science in Exercise Science and Health Education, The Chinese University of Hong Kong (2-year programme)
升讀香港中文大學理學士(運動科學與健康教育)(兩年制課程)

Other degree offers received:
• Bachelor of Science in Exercise and Health, The University of Hong Kong (Senior year entry)
• Bachelor of Arts (Hons) in Physical Education and Recreation Management, Hong Kong Baptist University (Senior year entry)

其他獲取錄的學位課程:
• 香港中文大學理學士(運動科學與健康教育)(高年級入學)

Gina Leung 吳穎儀
Admitted to Bachelor of Science in Exercise Science and Health Education, The Chinese University of Hong Kong (2-year programme)
升讀香港中文大學理學士(運動科學與健康教育)(兩年制課程)

「我於2018年6月，有幸參加了書院舉辦的活動，這是一個機會，讓我們可以認識到書院的宗旨和價值，希望未來能夠為書院貢獻一份力量。」

Lo Yee Yan 盧詠欣
Admitted to Bachelor of Science in Exercise Science and Health Education, The Chinese University of Hong Kong (2-year programme)
升讀香港中文大學理學士(運動科學與健康教育)(兩年制課程)

Other degree offers received:
• Bachelor of Arts (Hons) in Physical Education & Recreation Management, Hong Kong Baptist University (Senior year entry)
• Bachelor of Arts (Honours) in Applied Ageing Studies and Service Management, The Hong Kong Polytechnic University (2-year programme)

其他獲取錄的學位課程:
• 香港浸會大學老年學及康樂管理文學士(高年級入學)

「你選擇這條路徑，是因為自己專注地喜歡運動。課程主要教授學生如何運用運動教育知識、理論及服務技巧，對學生後生活有著重要。老師的教學方式生動，有時會用角色扮演方式教授，例如有一次我們扮演康樂署先生，要用一口流利的語言說他需要的訂單。學生們興奮投入，一起想出各式各樣的經營方法，很有意思。」

Vinson Yau 邱柱翰
Admitted to Bachelor of Science in Exercise Science and Health Education, The Chinese University of Hong Kong (2-year programme)
升讀香港中文大學理學士(運動科學與健康教育)(兩年制課程)

Other degree offer received:
• Bachelor of Science in Information Management, The University of Hong Kong (2-year programme)

其他獲取錄的學位課程:
• 香港大學理學士(資訊管理)(兩年制課程)

「書院給了我一個機會，讓我更積極地去了解自己。我現在這兩年學到了很多實用的知識和技能，使我能夠在未來的工作中更好地發揮自己的優點。」

Cally So 譚詩怡
Admitted to Bachelor of Science in Exercise Science and Health Education, The Chinese University of Hong Kong (2-year programme)
升讀香港中文大學理學士(運動科學與健康教育)(兩年制課程)

Other degree offers received:
• Bachelor of Science in Exercise and Health, The University of Hong Kong

其他獲取錄的學位課程:
• 香港大學理學士(運動科學與健康教育)(高年級入學)

「書院給了我一個機會，讓我更積極地去了解自己。我現在這兩年學到了很多實用的知識和技能，使我能夠在未來的工作中更好地發揮自己的優點。」

Rachel Chan 陳靖汶
Admitted to Bachelor of Sciences in Exercise Science and Health Education, The Chinese University of Hong Kong (2-year programme)
升讀香港中文大學理學士(運動科學與健康教育)(兩年制課程)

Other degree offers received:
• Bachelor of Arts (Hons) in Physical Education & Recreation Management, Hong Kong Baptist University (Senior year entry)
• Bachelor of Education (Hons) in Physical Education, The Education University of Hong Kong

其他獲取錄的學位課程:
• 香港浸會大學體育及康樂管理文學士(榮譽)(高年級入學)
• 香港教育大學體育教育榮譽學士

「這次HPSGCC給我一個機會，讓我更積極地去了解自己。我現在這兩年學到了很多實用的知識和技能，使我能夠在未來的工作中更好地發揮自己的優點。」
Minimum Entry Requirements

2-year Higher Diploma Programme

- Obtain Level 2 or above in 5 subjects including English Language and Chinese Language in the HKDSE Examination; OR
- Hold a recognised Diploma in Foundation Studies Programme; OR
- Hold a Diploma Yi Jin; OR
- Equivalent qualifications will be considered by the College.

Applicants whose HKDSE results do not meet the entry requirements of the 2-year Higher Diploma programme should apply for admission to the Diploma in Foundation Studies (DFS).

Diploma in Foundation Studies Programme

- Obtain Level 1 or above in English Language and Chinese Language in the HKDSE Examination, AND at least 6 points in the best 5 subjects; OR
- Obtain a Diploma in Foundation Studies Programme; OR
- Equivalent qualifications will be considered by the College.

Mature Students

- Applicants who do not possess the above academic qualifications, but are aged 21 or above and with relevant work experience will be considered by the College.

Apply by non-Chinese speaking students) would be accepted as an alternative Chinese Language qualification.

If the candidate has attempted less than 5 subjects but obtained 6 points or above, the application will still be considered.

For non-Chinese speaking students, the following scores will be considered:

- Level 5** = 7 points; Level 5* = 6 points; Level 5 = 5 points; Level 4 = 4 points; Level 3 = 3 points; Level 2 = 2 points; Level 1 = 1 point.

** 第五級 = 兩級；第五級 = 六級；第五級 = 六級；第五級 = 五級；第四級 = 四級；第三級 = 三分；第二級 = 兩級；第一級 = 一分。

* Applicants are allowed to use not more than 2 Applied Learning (Apl) subjects in the application. The recognition of the Apl subjects is as follows: "Attained with Distinction (I)" is deemed equivalent to Level 4 or above; "Attained with Distinction (II)" is deemed equivalent to Level 3; and "Attained" is deemed equivalent to Level 2 in the HKDSE Examination.

可包括不多於兩科應用學習科目：
「達標並表現優異(I)」相等於香港中學文憑考試第四級或以上的成績；
「達標並表現優異(II)」相等於香港中學文憑考試第三級；及
「達標」相等於香港中學文憑考試第二級。
The tuition fees for newly admitted students in the academic year 2020-21 are as follows:

<table>
<thead>
<tr>
<th>Programmes</th>
<th>Tuition Fee for Local Students Per Year (HK$)</th>
<th>Tuition Fee for Non-Local Students Per Year (HK$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diploma in Foundation Studies</td>
<td>43,000</td>
<td>NA不適用</td>
</tr>
</tbody>
</table>
| Higher Diploma Year 1 財政文憑
   - 基本學額 | 35,600* | 57,000 |
| Higher Diploma Year 2 財政文憑
   - 基本學額 | 35,600* | 57,000 |

All fees will be paid in 2 equal installments and subject to annual revision.

*In the academic year of 2020-21, the programme is subsidised by the government under the Study Subsidy Scheme for Designated Professions/Sectors (SSSDP). Local students enrolling and being offered the subsidised places in the programme will receive a subsidy up to $21,400 per year.

本課程於2020-21學年納入為「指定專業/界別課程資助計劃」之指定課程。獲取該本校學費最高港幣21,400元的資助。

Other Scholarships, Bursaries and Sponsorships

其他獎學金、助學金及計劃贊助

With the generosity of the Directors of Po Leung Kuk et al., numerous scholarships, bursaries and sponsorships are established as an encouragement to students who have excelled in their studies or made significant contributions in serving fellow students or the community.

為鼓勵同學爭取更佳成績，並積極貢獻社區，服務同學，書院設立多項獎學金、助學金及計劃贊助，邀各界人士或公司慷慨捐贈，包括：保良局董事會成員、社會賢達，以及其他團體。

Scholarships for Newly-admitted Students

新生入學獎學金

The College has established scholarships for applicants with outstanding results in HKDSE. The applicant could be awarded the scholarship upon successful admission to the College. Awardees may receive a maximum of a full first-year scholarship.

書院設立新生入學獎學金，給予在香港中學文憑考試中考獲優良成績的申請者。申請者成功入讀由書院開辦之課程，有機會獲頒獎學金，成功被選取的同學最高可獲免首年學費。

Financial Assistance

學費資助

Government Grants and Loans:
- Financial Assistance Scheme for Post-secondary Students (FASP)
- Non-means-tested Loan Scheme for Post-secondary Students (NLSPS)

Not applicable to the Diploma in Foundation Studies (DFS) programme. Students of the Diploma in Foundation Studies programme can apply for financial assistance via the Extended Non-means-tested Loan Scheme.

政府資助：
- 專上學生資助計劃
- 專上學生免息免息查閱貸款計劃

不適用於基礎學員教育文憑課程。修讀基礎學員教育文憑課程的同學，可申請「擴展的免息免息查閱貸款計劃」。

HKU SPACE Po Leung Kuk Stanley Ho Community College

港大保良何鴻燊社區書院

66 Leighton Road, Causeway Bay, Hong Kong
香港銅鑼灣鰂魚涌道 66 號
3923 7000
3923 7111
enquiry@hkuspace-plk.hku.hk
http://hkuspace-plk.hku.hk

本課程簡介只供參考，恕無法律約束力，書院保留可隨時修改內容之權利，恕不另行通知。

The College issues this programme leaflet as a general guide only, and not as a contract.

The College reserves the right to amend information published in this leaflet, as necessary.