

Higher Diploma in Community Nutrition

社區營養高級文憑

Application code 報名編號: HDCN

QF Level 資歷架構級別: 4
 QR Registration No. 資歷名冊登記號碼: 25/001230/L4
 Validity Period 登記有效期: 01/09/2026 - ongoing 登記持續有效
 Commencement Date 開課日期: 01/09/2026

Successful completion of this programme leads to an award within The University of Hong Kong system through HKU SPACE
 學生成功修畢課程，均按香港大學體制，經香港大學專業進修學院頒授副學位

SSSDP Programme
 課程

Programme Aims & Features 課程目標及特點

- Apply knowledge of basic sciences to the function of nutrients in metabolic processes, and relate the roles of diet, community and primary healthcare in the maintenance of health and in prevention of diseases;
- Interpret nutrition information, nutritional requirements and guidelines, food customs, culinary science and plan menu for healthy individuals across the lifespan;
- Relate the chemical composition of food to their underlying properties and effects on human health;
- Assess the health and nutritional needs of different populations in the community and design community-based nutrition programmes that address their needs;
- Apply the knowledge of nutrition, culinary science, food science and metabolism to develop a functional food product for health maintenance and disease prevention.
- 應用基礎科學知識，理解營養素在代謝過程中的作用，並探討飲食、社區和基層醫療與維持健康及預防疾病的關聯性；
- 解讀營養資訊、營養需求和指南、飲食習俗、烹飪科學等，並為各個年齡層的人士制定餐單；
- 分析食物的化學成分，理解其基本特性及對人體健康的影響；
- 評估社區中不同人的健康和營養需求，並設計符合其需求的社區營養計劃；
- 應用營養學、烹飪科學、食品科學和代謝知識，開發具保健和疾病預防功能的食品。

Specialism Courses 專業主修科目

Year 1 一年級

- Fundamentals of Nutrition 營養學基礎
- Fundamentals of Food Science 食品科學基礎
- Human Physiology and Anatomy 人體生理學與解剖學
- Cell and Molecular Biology 細胞與分子生物學
- Introduction to Community and Primary Healthcare 社區與基層醫療導論
- General Chemistry for Biological Sciences 生物科普通化學
- Nutrition Throughout the Lifecycle 生命週期營養學

Year 2 二年級

- Health Promotion and Nutrition Education 健康促進與營養教育
- Basic Biochemistry 基礎生物化學
- Diet and Disease 飲食與疾病
- Nutrition and Health Assessment 營養與健康評估
- Nutrition and Culinary Management 營養與烹飪管理
- Functional Foods and Nutritional Products 功能食品與營養產品

Opportunities for Further Studies 升學前景

Graduates are eligible to apply for admission to Bachelor's degree programmes offered by local universities:
 畢業生可申請報讀由本地大學開辦的課程：

The University of Hong Kong

- Bachelor of Nursing
- Bachelor of Science
- Bachelor of Science (Major in Food and Nutritional Science) (Senior Year Entry)

The Hong Kong Polytechnic University

- BSc (Hons) Scheme in Food Science and Nutrition

The Chinese University of Hong Kong

- Bachelor of Science
- BSc Community Health Practice
- BSc Gerontology
- BSc Natural Sciences
- BSc Public Health

Contact Us 聯絡我們



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