

Higher Diploma in

HEALTH & SOCIAL CARE

社康照顧高級文憑

2025-26



獲政府資助學費

SSSDP

GOVERNMENT SUBSIDY

Higher Diploma in HEALTH & SOCIAL CARE

社康照顧高級文憑

Application Code 報名編號：HDHSC

Duration 修讀年期：2 years 兩年



資歷架構
Qualifications
Framework

QF Level 資歷架構級別：4

QR Registration No. 資歷名冊登記號碼：13/000239/L4

Validity Period 有效期：02/05/2013 to ongoing 02/05/2013 至 登記持續有效

Successful completion of this programme leads to an award within The University of Hong Kong system through HKU SPACE

學生成功修畢課程，均按香港大學體制，經香港大學專業進修學院頒授副學位

This programme aims to provide students with fundamental but essential knowledge in health and social care. Coupled with practical learning in community settings, the curriculum design also takes reference of the basic curriculum contents of some major healthcare professionals. Subsequently the students will be equipped with healthcare knowledge and skills to become competent community healthcare workers and prospective students of health science as well as social science programmes.

本課程教授同學健康護理及社區照顧專業知識和基礎技能。課程設計參考本地的健康專業學系的基本學科綱要，並配合社區環境的實際技能學習，讓學生吸取經驗，無論升學或就業都能學以致用，並加強投身社會的競爭力。

PROGRAMME AIMS AND FEATURES

課程目標及特點

The programme covers general healthcare knowledge from principles and theories, practical health and social needs assessment skills to programme planning and evaluation activities. It allows students to communicate within a multidisciplinary team in community settings utilising counselling and communication skills. Learning exposures in real healthcare settings not only provide students with an eye-opening experience to understand community perspectives, these also enhance and broaden their interests in global health issues.

Graduates can develop their career in areas such as the operations of private healthcare groups, frontline services of medical specialist centres and programme administration of community health sector.

本課程涵蓋基礎健康護理知識。從理論、社區照顧評估到護理計劃檢討，學習目標皆以健康及專業護理為基本理念，除了教授專業及相關技能訓練，如社康輔導與溝通技巧，也安排學生與各專業護理團隊聯繫及溝通。

此外，學生有機會被安排到健康護理機構進行實習交流，了解社區資源配置政策，藉此增廣見聞。

畢業生就業前景清晰，可從事多類工作，如私營醫療集團營運助理、專科醫療中心助理，以及社康服務機構行政助理等。

COMMUNITY PLACEMENT 社區實習計劃

A 165-hour local and overseas exposure in real healthcare settings can benefit students in understanding of respective health disciplines. Moreover, visits to publicly funded organisations and privately owned companies of the health-related industry will enhance students in their studies as well as broaden their vision in career choices.

Participating organisations and enterprises:

- Residential homes and day care centres under Social Welfare Department
- Service units and Expos participating in active ageing
- Non-government organisations for elderly care
- Private medical groups / healthcare enterprises
- Mental wellness service / district health centre

本課程以知識為本，輔以165小時社區照顧實習及公營和私營醫療企業參觀雙軌學習。透過與行業持份者交流，讓學生更加了解醫療體系運作，資源分配及就業前景。

實習及企業參觀安排：

- 社會福利署轄下住宿或日間服務
- 樂齡服務機構及展覽
- 非政府日間護理中心
- 私營醫療企業
- 精神健康/地區康健中心



PROGRESSION PATHS

升學前景

Overall Progression Rate in 2024: **72%[#]**
2024年總升學率：

Among those who chose further studies,
admitted to local degree programmes **100%[#]**
當中升讀本地學士學位課程比率：

UGC-funded Universities

Graduates may apply for admission to Bachelor's degree programmes of local universities. The lists below show the offers our graduates and students received in the past years*:

教資會資助大學

畢業生若想繼續升學，可按興趣升讀由本地大學開辦的學士學位課程。以下為本課程畢業生/學生在過去曾獲取錄的課程*：

The Hong Kong Polytechnic University

BA (Hons) Applied Ageing Studies and Service Management
BSc (Hons) Environmental and Occupational Safety and Health
BSc (Hons) Nursing

The Chinese University of Hong Kong

Bachelor of Nursing
BSc Community Health Practice
BSc Gerontology
BSc Public Health

The University of Hong Kong

Bachelor of Nursing

City University of Hong Kong

BSocSc Criminology & Sociology
BSocSc Public Policy and Politics
BSocSc Social Work

The Education University of Hong Kong

BA (Hons) Special Education
Bachelor of Health Education (Honours)(Top-up Degree)

Lingnan University

Bachelor of Social Sciences (Hons)

**The above list is not exhaustive and only shows some of the examples.
以上列表只提供部分升學例子以作參考。*

*#Source: 2024 Graduate Survey
資料來源：2024 畢業生升學調查*



Graduates are also eligible to apply for the below degree programmes offered by other institutions:

畢業生亦可升讀以下其他院校的學士學位課程：

Other Local Institutions 其他本地院校

- Tung Wah College
 - Bachelor of Health Science (Honours) in Nursing
- PolyU-SPEED
 - BSc (Hons) Applied Sciences (Health Studies)
- Hong Kong Metropolitan University
 - BSocSc (Hons) Applied Social Studies
 - Bachelor of Nursing (Hons) General Health Care
- HKBU SCE
 - Bachelor of Nursing (Hons)
- Saint Francis University
 - BSocSc (Hons) Social Work

Overseas Universities

Graduates are eligible to apply for Bachelor's degree programmes in Nursing, Community Care, Social and Public Policy or other health-related disciplines offered by overseas universities.

海外大學

畢業生可申請升讀由海外大學開辦的護理學、社區健康護理、社會及公共政策或其他健康相關的學士學位課程。



CAREER PROSPECTS

就業前景

The government advocates primary healthcare and community care. Graduates can practise in health related industries such as non-government sector, private medical or healthcare groups. Furthermore, they can also join the business development team of health technology companies contributing in smart healthcare and gerontech services; or become a health promotion personnel in health related sector.

政府一直致力推動基層醫療及社區康健服務，畢業生可選擇投身公營或私營醫療企業，亦可按自己對事業發展意願，投入智慧醫療和樂齡科技等行業，或投身社康推廣行業及成為從業員。

PROGRAMME STRUCTURE

課程結構

Higher Diploma Year 1

高級文憑一年級

- Introduction to Academic English 學術英語入門
- English for Academic Purposes I 學術英語 (一)
- Elementary Statistics 基礎統計學
- Information Technology Fundamentals 資訊科技概論
- Basic Understanding of Human Biology 人體解剖學基礎理論
- Introduction to Food and Nutrition 食品與營養入門
- Counseling and Communication Skills in Community Care I 社區照顧輔導與溝通技巧 (一)
- Understanding Child and Adolescent Development 兒童及青少年發展
- Health and Illness 健康與疾病
- Community Health Needs Assessment I 社區健康需求評估 (一)

Higher Diploma Year 2

高級文憑二年級

- English for Academic Purposes II 學術英語 (二)
- English for Healthcare Professionals 專職醫護英語
- Practical Chinese[§] 實用中文[§]
- Counseling and Communication Skills in Community Care II 社區照顧輔導與溝通技巧 (二)
- Health Promotion and Health Education 健康推廣及健康教育
- Community Health Needs Assessment II 社區健康需求評估 (二)
- Introduction to Social Gerontology 社會老年學導論
- Introduction to Social Welfare in Hong Kong 香港社會福利導論
- Approaches to Programme Evaluation 項目評估方法
- Community Placement 社區實習

The College reserves the right to make modifications to individual courses on a need basis.

書院將按實際情況需要，保留修改個別科目之權利。

[§] Non-Chinese speaking students or students who have not received sufficient training in the Chinese language may apply for exemption from the Chinese course(s), and alternative courses may be assigned.

如學生母語並非華語，或未達校方認可的中文水平，可申請免修中文科目，校方會指派其他科目代替。

PROGRESSION OF GRADUATES

畢業生出路



Kelly Kwong 鄺嘉妍

Admitted to Bachelor of Science (Honours) in Nursing, The Hong Kong Polytechnic University
升讀香港理工大學護理學(榮譽)理學士

Other degree offers received :

- Bachelor of Nursing, The University of Hong Kong
- Bachelor of Nursing, The Chinese University of Hong Kong (Credit exemption)

其他獲取錄的學位課程：

- 香港大學護理學學士
- 香港中文大學護理學學士 (學分豁免)



Jerry Wong 黃子洋

Admitted to Bachelor of Nursing, The Chinese University of Hong Kong
升讀香港中文大學護理學學士

Other degree offer received :

- Bachelor of Nursing, The University of Hong Kong

其他獲取錄的學位課程：

- 香港大學護理學學士



Ios Kwan 關景欣

Admitted to Bachelor of Nursing, The University of Hong Kong
升讀香港大學護理學學士

「課程安排來自業界的專業人士授課，助我日後修讀護理學課程打下穩固基礎，從他們分享的知識和經驗中，令我對社康及護理行業更加了解，亦令我更肯定要成為護士的目標。經歷了兩年多元化的課程及實習，接觸了社福中心不同的服務對象和工作，讓我處事變得成熟及謹慎。」



Chan Lap Yin 陳立賢

Admitted to Bachelor of Science in Public Health, The Chinese University of Hong Kong
升讀香港中文大學公共衛生理學士



Janice Yung 翁詩頌

Admitted to Bachelor of Nursing, The University of Hong Kong
升讀香港大學護理學學士

「課程的學習模式多元化，不但增加我在社會、健康及體育等方面的專業知識，更提供寶貴的實習機會，讓我學以致用，為升學打下重要的基礎。」



Mak Ka Hei 麥嘉曦

Admitted to Bachelor of Social Sciences in Social Work, City University of Hong Kong
升讀香港城市大學社會科學學士(社會工作)

Other degree offer received :

- Bachelor of Science Occupational Therapy, I-Shou University (Taiwan)

其他獲取錄的學位課程：

- 台灣義守大學職業治療學系

「中學畢業後，我曾就讀副學士課程一年，但發現該課程並不適合自己，輾轉之下來到書院就讀社康照顧高級文憑課程。感謝過去兩年曾幫助我的講師、學生發展資源中心的職員和同學，有他們的支持和鼓勵，令我在書院渡過充實又美好的時光。最後，我想在此鼓勵正在閱讀這段文字的你：也許你未能在公開試取得滿意的成績入讀心儀的大學，但千萬不要灰心氣餒，只要找到合適的學習方法和明確的目標，堅持到底，定能達到理想目標！」



Ho Hin Fai 何憲輝

Admitted to Bachelor of Social Sciences - Applied Sociology, City University of Hong Kong (Senior year entry)
香港城市大學社會科學學士 - 應用社會學(高年級入學)

Other degree offers received :

- Bachelor of Science in Public Health, The Chinese University of Hong Kong (Senior year entry)
- Bachelor of Science in Community Health Practice, The Chinese University of Hong Kong (2-year programme)
- Bachelor of Health Science (Honours) - Nursing, Tung Wah College (Senior year entry)
- Bachelor of Science (Honours) in Applied Gerontology, Tung Wah College

其他獲取錄的學位課程：

- 香港中文大學公共衛生學士(高年級入學)
- 香港中文大學社區健康學士(兩年制課程)
- 東華學院健康科學學士(榮譽) - 主修護理學(高年級入學)
- 東華學院應用老年學(榮譽)理學士



Lee Lok Yee 李樂儀

Admitted to Bachelor of Nursing, The Chinese University of Hong Kong
升讀香港中文大學護理學士

Other degree offers received :

- Bachelor of Arts (Hons) in Special Education, The Education University of Hong Kong
- Bachelor of Nursing with Honours in General Health Care, Hong Kong Metropolitan University
- Bachelor of Nursing (Honours), School of Continuing Education, Hong Kong Baptist University

其他獲取錄的學位課程：

- 香港教育大學特殊教育榮譽文學士
- 香港都會大學護理學榮譽學士(普通科)
- 香港浸會大學持續教育學院護理學學士(榮譽)學位課程

「我曾經在公開考試中飽受挫折，而在我就讀基礎專上教育文憑課程和高級文憑的三年中，我聽到了很多批評。而我學到的是『能夠幫助你改變未來的，只有你自己。』我不知道你看到這則分享時會有何感受，但我認為僅僅看別人的成功故事，而不做出任何改變是毫無意義的。最後，我想向所有講師和學生發展資源中心的職員表達我的感謝，他們在我的學習路上提供了很多支持和鼓勵。感恩有你們。」



Amy Tsang 曾敏詩

Admitted to Bachelor of Science in Gerontology, The Chinese University of Hong Kong (2-year programme)
升讀香港中文大學老年學理學學士(兩年制課程)



Brian Ngai 魏振峰

Admitted to Bachelor of Science in Community Health Practice, The Chinese University of Hong Kong (2-year programme)
升讀香港中文大學社區健康理學士(兩年制課程)

MINIMUM ENTRY REQUIREMENTS

最低入學資格

- Obtain Level 2 or above in 5 subjects*[§] including English Language, Chinese Language* in HKDSE Examination; OR
香港中學文憑考試其中五科*[§](包括英國語文及中國語文*)考獲第二級或以上成績；或
- Hold a recognised Diploma in Foundation Studies Programme; OR
完成基礎專上教育文憑課程；或
- Hold a Diploma of Applied Education / Diploma Yi Jin; OR
完成應用教育文憑 / 毅進文憑課程；或
- Equivalent qualifications will be considered by the College.
書院亦會考慮同等學歷之申請。

Applicants who do not meet the entry requirements of the 2-year Higher Diploma programme should apply for admission to the Diploma in Foundation Studies (DFS).

如申請人未能符合兩年制高級文憑課程入學資格，可申請入讀基礎專上教育文憑課程。

Recognition of Prior Learning (RPL)

過往資歷認可(RPL)

- Relevant and substantial work experience and/or prior qualifications obtained in or outside Hong Kong (e.g. assessed through recognition of prior learning and credit accumulation and transfer), with demonstrated ability to undertake sub-degree education, will be considered by the College.

申請人如在本港或境外取得豐富的相關工作經驗及/或資歷(例如經「過往資歷認可」及學分累積及轉移機制作評估)，並有能力接受副學位教育，書院亦會考慮其申請。

Mature Students

成人學生

- Applicants who do not possess the above academic qualifications, but are aged 21 or above and with relevant work experience will be considered by the College.

申請人如未能符合最低入學資格，但年滿二十一歲並具相關工作經驗，書院亦會考慮其申請。

* Applicants are allowed to use not more than 2 Applied Learning (ApL) subjects in the application. The recognition of the ApL subjects is as follows:
"Attained with Distinction (II)" is deemed equivalent to Level 4 or above;
"Attained with Distinction (I)" is deemed equivalent to Level 3; and
"Attained" is deemed equivalent to Level 2 in the HKDSE Examination.

可包括不多於兩科應用學習科目：

- 「達標並表現優異 (II)」相等於香港中學文憑考試第四級或以上的成績；
- 「達標並表現優異 (I)」相等於香港中學文憑考試第三級；及
- 「達標」相等於香港中學文憑考試第二級。

[§] ApL Chinese (for non-Chinese speaking students) would be accepted as an alternative Chinese Language qualification.
非華語學生申請入學時，如只有「應用學習中文」成績，亦獲書院接納。

[§] If one of the five HKDSE subjects is Citizenship and Social Development, the requirement will be "Attained" for the subject.

如該五科的其中一科為「公民與社會發展」，其要求則是在該科取得「達標」成績。

TUITION FEE

學費

The tuition fees for newly admitted students in the academic year 2025-26 are as follows: 2025-26年度入學新生的學費如下：

Programme 課程	Tuition Fee for Local Students Per Year (HK\$) 本地生之每年學費（港幣）	Tuition Fee for Non-Local Students Per Year (HK\$) 非本地生之每年學費（港幣）
Higher Diploma in Health and Social Care 社康照顧高級文憑	22,870*	63,600

Tuition fees will be paid in 2 equal instalments annually and subject to annual revision. 學費每年將分兩期繳交，書院每年會因應情況調整學費。

* In the academic year of 2025-26, the programme is subsidised by the government under the Study Subsidy Scheme for Designated Professions/Sectors (SSSDP). Local students enrolled in the programme will receive a subsidy up to HK\$40,730 per year.

本課程於2025-26學年納入為「指定專業/界別課程資助計劃」之指定課程。獲取錄的本地學生每年可獲最高港幣40,730元的資助。

OTHER SCHOLARSHIPS, BURSARIES AND SPONSORSHIPS

其他獎學金、助學金及計劃贊助

With the generosity of the Directors of Po Leung Kuk et al, numerous scholarships, bursaries and sponsorships are established as an encouragement to students who have excelled in their studies or made significant contributions in serving fellow students or the community.

為鼓勵同學爭取更佳成績，並積極貢獻社區、服務同學，書院設立多項獎學金、助學金及計劃贊助，蒙各界人士或公司慷慨捐贈，包括：保良局董事會成員、社會賢達，以及其他團體。

SCHOLARSHIPS FOR NEWLY-ADMITTED STUDENTS

新生入學獎學金

The College has established scholarships for applicants with outstanding results in the current HKDSE. The applicant could be awarded the scholarship upon successful admission to the College. Awardees may receive a maximum of a full first-year scholarship.

書院設立新生入學獎學金，給予在應屆香港中學文憑考試中考獲優良成績的申請者。同學若成功入讀由書院開辦之課程，有機會獲頒獎學金。成功被甄選的同學最高可豁免首年學費。

FINANCIAL ASSISTANCE

學費資助

Government Grants and Loans:

政府資助：

- Financial Assistance Scheme for Post-secondary Students (FASP)
專上學生資助計劃
- Non-means-tested Loan Scheme for Post-secondary Students (NLSPS)
專上學生免入息審查貸款計劃

HKU SPACE Po Leung Kuk
Stanley Ho Community College
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The College issues this programme leaflet as a general guide only, and not as a contract. The College reserves the right to amend information published in this leaflet, as necessary. 本課程簡介只供參考，並無法律約束力，書院保留可隨時修改內容之權利，毋須另行通知。

(Apr 2025)